

#### Follow OSAID on social media!



🕜 @osaid\_inc 🍯 @OSAIDInc

@OntarioStudentsAgainstImpairedDriving

Take lots of pictures during the event to post on social media. Don't forget to tag us in your posts!



When you post, try using these suggested hashtags:

**#OSAID #OSAIDEvent #Mocktails #ImpairedGoggles** 

#WreckedCarDay

#### **PROMOTING YOUR EVENT**

To get people excited about your event, you will need to promote it in the weeks leading up to it.

Put up posters, post on socialmedia, make announcements, and send out info-sheets to each homeroom teacher to help spread the word about your event.



# **ABOUT OSAID**

**"Preventing tragedies** caused by impaired or distracted driving"

A charitable organization since 1987, OSAID encourages students to practice responsible choices and to never drive impaired or distracted.

**OSAID** chapter members regularly hold events aimed at raising awareness about the dangers of impaired and distracted driving.

**OSAID** addresses an issue critical to us all. safety on our roads, while developing future leaders who will make lasting contributions.





**O** ntario **S** tudents A gainst mpaired **D** riving

DRIVE NOW TEXT LATER

**OSAID MINI** EVENT PLANNING GUIDE

FOR A COMPREHENSIVE **EVENT-PLANNING GUIDE,** VISIT OSAID.CA

## IMPAIRED GOGGLES

Impaired Goggles are an easy and fun way to show people how alcohol and drug impairment can affect their ability to drive and do simple tasks.

#### SUPPLIES

- Impaired Goggles available for loan from the OSAID office (subject to availability), or contact your local police unit.
- Additional supplies depending on the activities chosen.

#### **RUNNING THE EVENT**

- Set-up a beanbag toss.
- Video game console set-up to play a game like Mario Kart.
- Shoot a basketball.
- Build an obstacle course (e.g., cones, tape, tricycle).

#### MAKE IT VIRTUAL

- While impaired goggles would not work online, you can make this event about distracted driving.
- Work with your teacher to find mazes or games that require your full attention online.
- Ask students to complete these while also trying to send text messages on their phone.
- Have a conversation about the dangers of distracted driving, and ways you can prevent it,



A mocktail is an alcohol-free drink. Whether it's a virgin version of a popular mixed drink or a new creation – It can be colourful, imaginative and alcohol-free.

#### **RUNNING THE EVENT**

Have one signature mocktail and a few other drink options. To promote sober driving, have educational materials available to share.

#### RECIPE

Temper Tantrum Mocktail Ingredients: Cranberry juice, orange juice, ginger ale, squeeze of lemon, ice. Recipe: Fill a glass with ice. Fill the glass with equal parts cranberry juice and orange juice. Top off with ginger ale and finish with a squeeze of lemon.

### MAKE IT VIRTUAL

- Host a mocktail party online!
- Ask everyone to create their own mocktail recipe and share it.
- Get creative! Host a contest for the most decked-out mocktail (Bonus points if the person dresses up too).
- Have a discussion on impaired driving prevention tips, what is a DD, and how you can party smart.

# WRECKED CAR DAY

This event provides a strong graphic and visual reminder of what a car looks like after it has been in a crash.

#### SUPPLIES

- Caution tape and safety supplies to secure the area.
- Signage for safety purposes and as information for the event.
- Involve key community people such as a Community Service Police Officer who can help arrange for a wrecked car and be present to speak to students.
  - This requires a tow truck company bringing a wrecked car from a wrecking yard.

#### **RUNNING THE EVENT**

1-2 weeks before the event, confirm with the Tow Truck Company and the Community Service Police Officer that everything is a go.

#### MAKE IT VIRTUAL

- Coordinate with your teacher to invite guest speakers to present online (Zoom, Skype, etc.).
- Search "UCDSB/OSAID Mock Car Crash" on YouTube. Share your screen and play the video.
- Have a group discussion and talk about impaired driving prevention strategies.